

# Little Dirty Dotty Dunn



**Professions:** A variety of health professions

**Grade Level:** K-2

**References:** [www.healthyhands.com](http://www.healthyhands.com)

*All HOTT lesson plans are designed with the purpose of increasing students' awareness of the variety of health careers that are available to them. If possible, invite the corresponding health professional into your classroom to discuss his/her occupation. If this is not an option, use the attached sheet(s) to share this/these career(s) with your students.*

**Purpose:** Children will identify times when hand hygiene is a good habit to practice and follow a narrative poem about clean (and very dirty) hands. Children will listen to and learn from the humorous tale of a mischievous little girl who seems determined to get dirty.

**Materials needed:** "Little Dirty Dotty Dunn" story (attached)

**Duration:** 10-15 minutes

## **Instructions:**

- Ask children to share times they have tried to stay really clean, but just couldn't help getting dirty. [*A party, someone's wedding.*]
- Tell them that you know of a little girl who gets dirty all the time, and that her name is Little Dirty Dotty Dunn!
- Ask children to repeat her whole name. Have them try to say it three times in a row really fast.
- Read the poem.

## **Ask the following questions:**

- What are some things that made Little Dirty Dotty Dunn get dirty?
- What did Little Dirty Dotty Dunn need to do to get clean? [*Wash hands with soap and water; use hand sanitizer.*]
- Is it bad to get dirty? [*No, it's easy to get dirty while playing, but it is important to clean hands thoroughly after playing.*]
- When are other good times to wash or sanitize our hands? [*After sneezing or coughing into them; after shaking someone's hand; accept other reasonable answers.*]

## **Possible extensions include:**

- Some children may enjoy acting out the poem in front of other children or their parents.
- Teachers may want to ask the class to help co-write the further adventures of Little Dirty Dotty Dunn.

**Possible extensions include:**

- Make up Part Two to “Little Betsy Bookworm’s Terrible Case of Wormgerm.”
- Ask students to draw Little Betsy Bookworm’s world, and all the places Wormgerms live.

## Poem

### Little Dirty Dotty Dunn

Little Dirty Dotty Dunn  
Decided she would have some fun;  
And since it was a sunny day,  
She stepped outside to run and play.

While walking down a nature trail,  
She saw a rather large brown snail;  
She watched the snail, then picked it up,  
And since she didn't bring a cup,

She kept the snail right in her hand  
Which now was full of slime and sand.  
"This snail will be an awesome pet,"  
Thought Dotty as she walked, "and yet,

I think another pet could be  
More than twice the fun for me!"  
So Dotty dropped down to the ground,  
And ran her fingers all around.

She felt a creature soft and wet...  
("Now this is *the* most awesome pet!")  
She tugged and pulled, though it did  
squirm,  
Until her hand contained a worm!

"This really *is* my lucky day!  
I'll ask my mom if they can stay!"  
So Dotty skipped back to her home;  
Her mom was on the telephone.

Imagine her surprised reaction,  
As Dotty, full of satisfaction,  
Held out these pets for mom to view,  
"Dotty, Dotty! Look at you!

Get to the bathroom! Run now, quick!  
Clean those hands; they'll make you sick!  
Get some soap, and then be wiser —  
Use instant hand sanitizer!"

Later Dirty Dotty Dunn  
Heard some rumbling in her tum.  
What she needed was a snack!  
So then she planned out her attack:

Mounds of whipped cream, marshmallow  
goo,  
Peanut butter and buttermilk too,  
Canned fuzzy pickles without a label,  
She stacked each on the kitchen table!

Eat it all? She had her doubts,  
So she asked Mom to help her out!  
Imagine now, her shocked reaction  
As Dotty, full of satisfaction,

Asked her if she'd like some lunch  
Since there's enough for two to munch!  
She had a fit, I must confess,  
"Dotty! What an awful *mess!*

Get to the bathroom! Run now, quick!  
Clean those hands, they'll make you sick!  
Get some soap, and then be wiser —  
Use instant hand sanitizer!"

Dotty learned — getting dirty's okay...  
Because now she knows the proper way  
To finish playing is getting clean  
Through practicing good hand hygiene.

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Lesson 3.5

A **children's doctor** or a **pediatrician** is a doctor who helps kids and babies feel better when they are sick. They give them check-ups to make sure that they are healthy. They can also give kids medicine to help them feel better.



Who has been to the doctor or pediatrician lately?



What did the doctor do?



Where does a doctor work? (*hospital, clinic*)



Who helps the doctor? (*nurse, pharmacist, lab tech....*)

A **Nurse** is a person who cares for people who are sick or disabled. The nurse may check the patient before the doctor sees them. They may check the ears, throat, eyes, or blood pressure.



Do you know a nurse?



Where can a nurse work? (*school, clinic, hospital...*)



Do you know your school nurse?



How do nurses help you?

